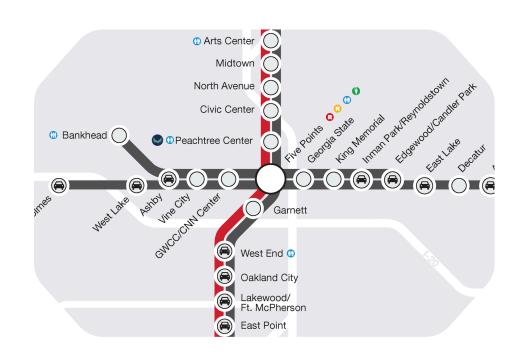


# a Local's Guide for NSPA Conference Attendees



#### The NSPA Hotel: The Marriott Marquis

The Marriott Marquee is a signature hotel from star architect (starchitect!) John Portman. Like most of Portman's work, it's very large, and it includes enough amenities that you'll never need to leave the building. But if you do, there are some great things to see and do in Atlanta. But we're going beyond World of Coke, Georgia Aquarium, and the CNN Center. Instead, we're giving you local lowdown so you can really experience the best of Atlanta.



## **Getting Around: MARTA**

Atlanta's a car-centric city and the MARTA public transit system gets a bad rap. True, it doesn't cover more than a simple grid, but what it does cover may be perfect for your short time in the city.

Importantly, MARTA goes all the way south of the city to Atlanta's Hartsfield-Jackson International Airport. Skip the taxi or ride share; MARTA will take you directly from the airport to downtown, and believe it or not, the Peachtree Center station exits right to the Marriott Marquis. Couldn't be more convenient! And if you want to get to places like Piedmont Park, the High Museum, the Woodruff Arts Center, and many other in-town attractions, MARTA will serve you well.



### Our Favorite Spot in the City

Hands-down Atlanta's best place to visit. Administered by the National Park Service, the King Center encompasses several sites, all of which you can walk to from the conference hotel. Admission is free. There are several museum-type rooms across two buildings. If you plan ahead, you can make a reservation to visit King's boyhood home. And don't miss the chance to go into the historic Ebenezer Baptist Church. It's where King and his father both preached, and has featured many notable pastors over the years, including current Georgia Senator Raphael Warnock. It's still in operation but the design and pain scheme have been kept the way it was during King's time in the pulpit. Truly incredible.





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#### **Atlanta's Central Park**

Famed landscape architect Frederick Law Olmsted, who designed New York's Central Park, also created Atlanta's very own Piedmont Park. Beloved by locals today, it stretches across three neighborhoods is perfect for a run, a relaxing afternoon of people-watching, or simply taking in stunning city views. The adjacent Atlanta Botanical Garden is also a gem, and has an unforgettable orchid room. Take the Midtown or Arts Center exit from the MARTA line, or if it's a beautiful afternoon, walk or jog over from the hotel.



### All the Rage Right Now

You may have read something about the Beltline in the New York Times or even The Guardian. It's not exactly a secret, but it's maybe not on a tourist's radar because... what even is it? This defunct commuter train beltway sat dormant for almost a century, until a Georgia Tech grad student led a push to reclaim the space, providing much-needed pedestrian connectivity. In a decade, it went from a grad student's dream to an incredible system of pedestrian and bike paths connecting parks and dining districts where people go to do just about anything. It doesn't go through downtown, but enter near the Krog Street or Ponce City Markets and see what all the fuss is about.



### The Best Pizza in Atlanta (Maybe the South)

Atlanta's food scene has gotten national attention in recent years, and with good reason. We'll skip the top-ten list. But we do have one tried-and-true, can't-miss spot. Take a short ride to Antico Pizza Napoletana in West Midtown, and we promise you'll have one of the best pizza dinners of your life. Since opening in 2009, they've opened multiple locations around the city (and started shipping frozen pizzas on Goldbelly), but you can't beat the huge stone oven at the original location on Hemphill Avenue. It's long been a staple on "best of" lists for pizza across the country. Communal seating, order at the counter, take as much garnish as you want, and BYOB. Come hungry and leave happy.

